<table>
<thead>
<tr>
<th>Action / Maneuvers</th>
<th>Command</th>
<th>Feedback</th>
<th>Act</th>
</tr>
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</table>
| setting sail       | • set sail to make clear / clear to set the sail  
  • ready to set sail  
  • clear case for large  
  • hot in the mainsail  
  • clear at jib halyard  
  • heat the fock  
| • sail clear to set  
  • large case clear  
  • jib halyard clear  
| • boat is in the wind  
  • set the mainsail first and after the jib  
  • on valk mainsail to port, jib to prove on starboard  |
| salvage sail       | • make sail clear for salvage / clear to salvage the sail  
  • clear at jib halyard  
  • get down fock  
  • clear for large case  
  • get down mainsail  
| • sails are clear to salvage  
| • boat is in the wind  
  • set the mainsail first and after the jib  
  • on valk mainsail to port, jib to prove on starboard  |
| depositing         | • (sails are set) - ready to drop  
  • clear at bow line  
  • clear at eighth line  
  • bow line off  
  • eight line odd  
  • jib back to starboard / port  
  • on the fock  
  • get to the sheets on half wind  
| • clear  
  • bow line clear  
  • eighth line clear  
  • clear  
  • clear  
| • pushing off the bow in any direction  
  • rudder blade in the desired direction (opposite to hold back fock)  
  • if the boat is rotated sufficiently away from the wind, jib above, sheets close, tiller amidships  |
| equip: offshore in wind | • clear to land  
  • clear at bow line, fenders, boat hooks  
  • fier on the sheets  
| • clear  
  • bow line, fenders, boat hooks are clear  
| • with half wind take about three boat lengths distance from the bridge  
  • spring up: all sheets gotta have lots  
  • if too much ride: big tree pressing against wind  
  • boat with boat hooks never stop with the hand  
  • too little ride: action decided to cancel and start again  |
| equip: onshore wind | • Ready to spring up  
  • fier on the sheets  
  • get down mainsail  
  • after sail on get the direction of the web: get down  
  • jib  
| • clear  
| • spring up near the bridge about five boat lengths  
  • salvage the mainsail  
  • jib proceed with the wind  
  • salvage the fock three boat lengths in front of bridge  |
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| coil up            | • ready to spring up  
|                    | • fier on the pods | • clear | • lay the boat resolutely in the wind and keep it there  
|                    |                     |         | • jib and main sheet loose (both must be able to run out)  
|                    |                     |         | • boat is supplied on on wind course to the target |
| turn               | • clear to turn  
|                    | • ree  
|                    | • over the fock | • clear | • give the notice timely  
|                    |                     |         | • foredeck person give the command when everything is clear  
|                    |                     |         | • at ‘Ree’ place rowing evenly and smooth, not over 45°  
|                    |                     |         | • foredeck person changes first, then mate after cruising through the wind  
|                    |                     |         | • jib get tight until it blows on a new bug to Lee |
| shift              | • clear to shift  
|                    | • get the mainsheet tight  
|                    | • round aft  
|                    | • get to foredeck on the starboard / port | • clear | • before the action: coxswain go on leeward helm  
|                    |                     |         | • perform action only when incident fock (ship lies just before the wind)  
|                    |                     |         | • coxswain pushes the tiller with each outer knees away from the tree  
|                    |                     |         | • coxswain gets tight sheet if fock cross  
|                    |                     |         | • command “stem round” if tree stands amidships  
|                    |                     |         | • mainsheet easing slowly and rudder set  
|                    |                     |         | • rudder with tiller away from the tree  
|                    |                     |         | • course record from the wind |
| jibe               | • clear to jibe  
|                    | • fier on the pods  
|                    | • get mainsheet tight  
|                    | • round aft  
|                    | • fier on the mainsheet | • clear | • with half wind take about three boat lengths distance from the bridge  
|                    |                     |         | • spring up: all sheets gotta have lots  
|                    |                     |         | • if too much ride: big tree pressing against wind  
|                    |                     |         | • boat with boat hooks never stop with the hand  
|                    |                     |         | • too little ride: action decided to cancel and start again |
| man overboard      | • man overboard  
|                    | • Warsaw man (name person)  
|                    | • fier on the pods on downwind courses  
|                    | • ree  
|                    | • over the sails  
|                    | • fier on the pods in half wind course  
|                    | • ready to spring up  
|                    | • fier on the pods  
|                    | • acquisition of the man on starboard / port | • clear | • the boat has to come almost to a halt at the man  
|                    |                     |         | • coxswain is targeting the man on a parallel to the midship line (bearing point looking at the Valken bow cleat, not at the mast)  
|                    |                     |         | • recording the person dinghy over the stern, otherwise also possible on the side |

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